



# Helping You Get Back to Daily Living



For more information on RightTransitions or other Right at Home services, call us today.

877.697.7537  
[www.rightathome.net](http://www.rightathome.net)

Right at Home provides in-home care services to clients and equal employment opportunities to employees and applicants, without regard to race, color, religion, sex, national origin, age, disability or other protected class, in compliance with all applicable federal, state and local laws. Each Right at Home office and business is independently owned and operated under a franchise agreement with Right at Home, Inc. For comments, questions or to learn more about Right at Home, please visit [www.rightathome.net](http://www.rightathome.net).

“Right at Home has been responsive when I need assistance, getting back to me within hours rather than days. They helped me with cleaning and meal preparation in the first few days. I’d recommend the program to anyone.”

– Lena K.

When you’re discharged from the hospital, the effects of your condition aren’t necessarily gone when you return home. This often makes it difficult when trying to adjust back to daily life.

“One in five Medicare patients who leave a hospital will be readmitted within 30 days.”

– Department of Health and Human Services

Most of those readmissions are preventable with a little extra attention and care. That’s exactly what Right at Home’s RightTransitions<sup>SM</sup> program offers.

**Right at Home** provides in-home care for thousands of people in more than 200 cities across the United States. Many of the people in our care are trying to make the easiest transition possible from a healthcare facility to their home.

Right at Home can provide services that allow you to get back on your feet and back to your life, including:

**Communication with family and healthcare providers.** Talking to your doctors and your family ensures that everyone has the same information, which is an important step toward a healthy recovery.

**Regular visits.** By checking in with you on a regular schedule, we’ll know that you’re doing well and getting better.

**Medication reminders.** One of the main reasons for a slower recovery is improper use of medications. We can help make sure that you’re taking what you need, when you need it.

**Transportation to doctor appointments.** Regular doctor visits are important to most people’s recovery. If you aren’t able to drive yourself, those appointments can be hard to keep. We can get you where you need to go.

**Meal preparation.** Eating nutritious meals is the foundation of health. We can fix any meals for any diet — even if you have special health needs, such as diabetes.

**Housework.** You need to focus on your recovery. We can help by taking care of typical daily chores, such as vacuuming, washing dishes and cleaning the bathroom.