

---

## Agency Profile

**24-Hour Phone:** 317-288-4941  
**Address:** 8131 Castleton Rd  
**City, State, Zip** Indianapolis, IN 46250  
**Fax:** 317-288-4943

Spencer & Heidi Grimm -- Owners  
Angie Hamilton -- Staffing Coordinator  
**Email:** [hgrimm@rahindy.com](mailto:hgrimm@rahindy.com)  
**Web Site:** [www.rahindy.com](http://www.rahindy.com)

---

### A Variety of Services

- Stand-by assistance for bathing and dressing
- Respite Care for family caregivers
- Medication reminders
- Laundry / housekeeping services
- Meal preparation and cleanup
- Transportation / errands
- Discounted Medical Equipment and Supplies
- Assistance with Bathing
- Assistance with Toileting
- Assist with Feeding
- Assistance with Transferring

### Our Agency & Service Area

- Locations serviced: Indianapolis, Fishers, Carmel, McCordsville, Anderson, Greenfield, and surrounding areas.
- Services available up to 24 x 7
- Locally owned and operated
- Personalized Care Plans

### Socializing & Relationships

- Companionship and friendly conversations; reminisce about the past
- Answer the door and telephone
- Set up social functions and visits
- Arrange appointments
- Help write letters and read the mail
- Communicate with family members and others

### Indoor and Outdoor Activities

- Stand-by assistance with grooming and dressing
- Physical, speech and occupational therapy exercise reminders
- Participate with hobbies or crafts
- Read (books, periodicals, newspaper)
- Play games or cards
- Rent and watch movies
- Help reduce risk of slips and falls
- Take walks
- Bring in the mail and newspaper
- Garden care and upkeep; coordinate lawn care

### A Variety of Situations

- Escorted transportation to doctor appointments from an assisted living facility or nursing home
- Sitter services in a hospital or skilled nursing facility
- Caregiving services while residing at independent living, assisted living, group home, CCRC, or skilled nursing facility
- Support following hospital or rehab care
- Respite care for a family caregiver
- Services to ensure safety and security at home
- Alzheimer's/dementia care
- Couples care
- Help in reducing risk of slips or falls

### Qualified Caregivers

- AARP National Employer Team Member
- Proprietary Right at Home University training program
- Bonded/insured/trained/screened
- Employees; not contractors
- Compassionate & dependable
- Available immediately for short-term or long-term services

### Transportation and Housekeeping

- Run errands (grocery shopping, dry cleaners, bank, pharmacy)
- Provide transportation to grocery store, doctor appointments, religious activities, bank or social activities
- Provide transportation to visit friends and neighbors
- Escort to lunch or dinner
- Maintain Universal Precautions
- Mop, sweep, and vacuum floors
- Wash and arrange dishes
- Clean kitchen counters and appliances
- Clean bathroom(s)
- Dust, organize, and tidy up rooms
- Make the beds and change the linens
- Wash laundry and put away clothes
- Iron clothes
- Take out the trash

**Please call for additional information or to arrange a FREE in-home assessment**

**Free eNewsletter (Info, Advice & Support for Adult Caregiving):** [www.caringnews.com](http://www.caringnews.com)