

## Population of Seniors Expected to Double by 2050

Projections in a recent U.S. Census Bureau report are causing Americans to give more thought to the future of senior care:

- By mid-century, for the first time in U.S. history, there will be more seniors over 65 than children under 15.
- Improved healthcare will let most of us live into our 80s or beyond.
- 20% of U.S. women now aged 40-44 have no children.

What does this mean? In the near future, there will be a greater number of seniors – but fewer family caregivers. So, more than ever, Americans should focus on their own healthy aging. And

the need for support services such as in-home care will continue to grow.



### In this issue:

- Socialization and Healthy Aging.. 4
- Alzheimer's Caregiving..... 6
- Humor: No Laughing Matter..... 8

Learn more about healthy aging and family caregiving. Sign up for the free monthly online edition of *Caring Right at Home* at [www.caringnews.com](http://www.caringnews.com)



## The Extra Mile

Being responsible for the safety and well-being of our clients, we must do everything we can to keep them safe. Right at Home employees are known for being caring, responsible, and willing to work hard.

As in any industry, there are average employees, those who do only what they are asked to do. Then there are good employees, those who do more than they are asked to do. And there are the best employees, those who go above and beyond expectations to help their clients.

One of our clients was in need of a hospital bed, but could not afford the monthly rental expense due to extremely limited funds. **Kristie Hyman**, a Care Team member, took it upon herself to do some online shopping to locate an affordable used hospital bed. She found a used bed on Craigslist that was less expensive than the rental fee. She and her husband Jody picked up the hospital bed and personally delivered it to the client. Kristie and Jody were greeted by the client with tears of joy and appreciation for their thoughtfulness.



*Our clients are the reason Right at Home employees provide care beyond expectations.*

Being passionate about our clients and their true needs is part of the job description for all employees at Right at Home of St. Charles. Going above and beyond is what we do every day. Right at Home of St. Charles is proud to employ such enthusiastic and caring people such as Kristie, who are willing to go that extra mile.

For more information about Right at Home or to schedule a free in-home assessment, visit [www.stcharles.rightathome.net](http://www.stcharles.rightathome.net) or call (636) 379-9955. We are available to serve you 24 hours a day, 7 days a week.