

Special Care Situations

Caring for a loved one who has special needs due to an illness or injury can be overwhelming, which makes Right at Home perfect for either full-time care or respite. Our caregivers can accommodate numerous special physical and mental situations. With our in-home care services, your loved one will receive a customized care regimen that takes those needs and their environment into account. Some of these special care situations include*:

ALZHEIMER'S AND OTHER DEMENTIA

Most Alzheimer's patients — particularly those in the early and middle stages of the illness — can be cared for at home and don't require nursing homes or other facilities. In fact, more than half of all diagnosed Alzheimer's patients continue to live in home settings. Right at Home's services offer those who suffer from Alzheimer's include:

- Familiar frame of reference
- Continuity of daily routines and schedule
- Freedom to move about in a familiar, unrestricted space
- Minimal stress that can aggravate the symptoms of Alzheimer's and dementia
- Daily orientation to time, place and people

OSTEOARTHRITIS

Osteoarthritis can lead to frustration, weariness and depression when a person can no longer perform simple, daily tasks with ease. But in most cases, people with osteoarthritis can lead full, active lives by properly managing the condition. Right at Home can help alleviate some of the pressures of daily living by offering:

- Meal preparation
- Shopping
- Assisting with recreational activities
- Light housekeeping
- Laundry

*Not all services are available in every location. For a full list of available services in your area, check with your local Right at Home office.

HYPERTENSION/STROKE RECOVERY

The best strategy for controlling and preventing high blood pressure is to begin with lifestyle changes. For seniors, this often means a combination of light exercise and medication. Right at Home can prepare a customized hypertension program to promote a healthier lifestyle, including:

- Development of a light exercise schedule
- Coordination of a healthy meal plan
- Shopping
- Meal preparation
- Medication reminders/set-up/administration

DIABETES

If your loved one is one of the more than 20 million Americans who suffer from diabetes, Right at Home can help manage the disease through:

- Education of what affects blood glucose levels
- Coordination of a healthy meal plan
- Development of a light exercise schedule
- Shopping
- Meal preparation
- Medication reminders/set-up/administration

HEART DISEASE

Right at Home has extensive experience in prevention and care when it comes to managing heart disease. We can customize a program for your loved one that:

- Develops and/or implements a heart healthy diet (*including shopping and meal preparation, if necessary*)
- Monitors and/or administers medication
- Helps with the daily activities of living (*such as Homemaking and Hygiene*)
- Assists with physician-prescribed exercises

NEUROMUSCULAR DISEASES and DISORDERS

Neuromuscular conditions are complex because they can affect both motor skills and cognition. Regardless of the particular disease/disorder or the extent of its progression, Right at Home caregivers can help by offering:

- Safety supervision
- Ambulatory assistance
- Getting dressed
- Grooming
- Light housekeeping
- Laundry services
- Medication reminders
- Cognitive stimulation

CANCER RECOVERY

Many cancer patients feel more comfortable receiving care at home so that they're not separated from family, friends and familiar surroundings. But cancer is a condition that can change relationships and require families to address new issues.

In-home care is often a great way to alleviate some of the pressures of family caregiving when it comes to cancer, allowing you to focus on emotional support instead of the details of daily activities. Right at Home caregivers can help with any of the care services, as well as supplement any hospice care.

HOSPICE/PALLIATIVE CARE

Whether you and your family are simply trying to relieve someone's pain during a serious illness or whether you're trying to provide end-of-life care, it can produce a lot of stress for family members involved in caregiving.

Right at Home can give you and your family a respite from the daily tasks that seem to build. From light housekeeping to meal preparation, Right at Home caregivers can provide support during trying times.

Skilled nursing is also available in many areas for the medical needs of palliative and hospice care.

MENTAL HEALTH

Regardless of age or physical ability, some people who suffer from mental health disorders become homebound during their recovery. Anxiety, Post-Traumatic Stress Disorder (PTSD) and depression can all easily affect entire families, not just those who are diagnosed.

Right at Home can provide numerous services that help families do more than just survive a loved one's struggle with the effects of a mental health disorder. We can be a large part of helping a family thrive on their path of recovery.

We can also help when mental health is a concern for seniors who are coping with the reality of becoming homebound.

TRAUMATIC BRAIN INJURY

Right at Home can help families who find themselves coping with the unexpected effects of a sudden injury to the brain.

Whether it's helping a family establish new routines immediately after the injury or providing respite to families who have established a system of care, Right at Home has numerous services that can help.

If there are any medical needs, skilled nursing is available in many areas.

PARAPLEGIA/QUADRIPLEGIA

Right at Home provides numerous services to loved ones who have a spinal cord injury and need a wheelchair for daily living.

Our caregivers can help someone adjust to a new living situation directly after a spinal cord injury. They can also continue to assist with any household tasks that are complicated by an injury.

For quadriplegia, caregivers can assist in a family member's daily hygiene. And if there are any medical needs, skilled nursing is available in many areas.